

PALEO WEDDING MENU

[WITH INGREDIENTS DETAILED]

Grilled beef skewers

[BEEF, SALT]

Creamy horseradish herb dressing

[EGG, OLIVE OIL, LEMON, SALT, BLACK PEPPER, CHIVES, MINT, PARSLEY, ALL-NATURAL PREPARED HORSE RADISH, GARLIC]

Braised pork shoulder cooked in vegetable stock over blanched cabbage

[PORK SHOULDER, AVOCADO OIL, CARROTS, CELERY, ONION, SALT, NAPA CABBAGE]

Rhubarb-ginger sauce

[RHUBARB, APPLE JUICE, GINGER, RAISINS]

Cauliflower rice

[CAULIFLOWER, COCONUT OIL, SALT]

Mashed sweet potato

[SWEET POTATO, COCONUT MILK, LARD, SALT]

Roasted root vegetables

[PARSNIPS, CARROTS, FENNEL, LEEKS, WHITE ONION, LARD, SALT]

Moroccan carrot salad

 $[\mathsf{LEMON}, \mathsf{AVOCADO}\ \mathsf{OIL}, \mathsf{APPLE}\ \mathsf{CIDER}\ \mathsf{VINEGAR}, \mathsf{GINGER}, \mathsf{RED}\ \mathsf{PEPPERS}, \mathsf{SUMAC}, \mathsf{CARROT}, \mathsf{ALMONDS}, \mathsf{CILANTRO}, \mathsf{MINT}, \mathsf{RAISINS}, \mathsf{SALT}]$

Mix green salad with balsamic dressing

[MIXED GREEN SALAD LEAVES, CHOPPED RADISH, SHREDDED CARROT]

Mango papaya salsa

[RED ONION, GREEN ONION, CILANTRO, SALT, MANGO, PAPAYA, AVOCADO OIL]

Spicy red cabbage slaw

[RED CABBAGE, SALT, CARROTS, APPLE CIDER VINEGAR, CILANTRO, GINGER, AVOCADO OIL, RED PEPPER FLAKES]

Cilantro pesto

 $[{\sf CILANTRO}, {\sf OLIVE\ OIL}, {\sf SHALLOTS}, {\sf PINE\ NUTS}, {\sf SALT}]$